

On Demand
(Available June 7 - September 15, 2022)

| SESSION TYPE | SESSIONS |
|------------------|---|
| Workshop | "I'll do it later": Overcoming procrastination with ACT - Dionne* |
| Workshop | ACT as a Social-Justice & Intersectionality-Oriented Treatment Modality for Diverse Clients - Augustine, Griffith |
| Workshop | Putting ACT into ACTION: Using ACT to Promote Resilience in Black Communities - Augustine, Dockery |
| Workshop | RFT is in our DNA - Stuff clinicians want to know - McLaughlan* |
| Workshop | The Essentials of Treating Perfectionism: Where to Focus When Time is Short - Kemp |
| Workshop | Do as I do: novel parenting interventions to impact parents' psychological inflexibility and improve child outcomes - Makin-Byrd |
| Workshop | Managing loneliness with fictional surrogates - Scarlet |
| Panel | Devotion or Decoration?: Culturally Sensitive Use of Spiritual Terminology and Iconography in Applied CBS Work - Chou, DuFrene, Guinasso, Masuda*, Mallik, Tran |
| Panel | International Perspectives on CBS Competency and Dissemination - Wright, Luciano, Zhu, Muñoz-Martinez, S. Hayes*, Bockarie |
| Symposium | ACT and CBS in Correctional and Forensic Settings - Zarling, Schwartz, Scheffert, Sauder |
| Symposium | Innovations in Technology-supported ACT Interventions and Research - Klimczak, Brandolin, Sehew, Konstantinou, Gorinelli, Vilardaga |
| Symposium | Multifaceted approaches to investigating psychological flexibility: Research across contexts - E. Morris, Lawson, Gioia, Mastin-Purcell, McCloskey, Stapleton, Martin |
| Paper | Toward a Unified Framework for Positive Psychology Interventions: Evidence-Based Processes of Change - Ciarrochi* |
| Paper | Coping with cancer-related fatigue in patients with advanced lung cancer: A descriptive qualitative study - Li |
| Paper | The effects of compassion and fears of compassion on psychosocial wellbeing in the context of the COVID-19 pandemic - Matos, Ferreira |
| Paper | Empathy, Compassion, and Patterns of High Frequency Heart Rate Variability Reactivity to Stress - O'Brien |
| Paper | Psychological Flexibility and Inflexibility Predict PPE Use and Social Distancing across Time (2 Month Interval) - O'Brien |
| Ignite | Thinking by the Minute: How to Structure a Great ACT Training - Martinez |
| Ignite | ACTing Sustainably: Using ACT to promote plant-based eating - Meyer, Burdine |
| Ignite | ACT Your Way to Better Undergraduate Teaching - Taylor |
| Ignite | The Young Ones! An 8-week transdiagnostic ACT-training for young adults with severe psychiatric disorders - Vink |
| Ignite | Are you and your client really working on ACT in the same boat? - Yoshimoto |

Thursday, June 16 (Morning)

ALL TIMES ARE IN SAN FRANCISCO'S LOCAL TIME ZONE (PACIFIC DAYLIGHT TIME - PDT)

| | | | | | |
|--|-------------|--------------|---------------|---------------|---------------------------|
| | 8:00 - 9:00 | 9:00 - 10:15 | 10:15 - 10:30 | 10:30 - 12:00 | 12:00 - 1:15 |
| | | PLENARY | | SESSIONS | VIRTUAL - LIVE NETWORKING |

The sessions **below in blue** will be streamed live to our virtual audience. The recordings (video, Powerpoint, and audio) will be captured, and will be uploaded to the conference website for On Demand viewing within 48 hours of presentation.

| | | | | | |
|---------------------------------------|--|---|-----------------------|--|--|
| Virtual - Livestreamed from SF | | 1. Polyvagal Theory: A Science of Safety** - Porges (<i>Int. S. Hayes*</i>) (Plenary) | B R E A K | 2. The role of Relational Frame Theory in Process-Based Therapy** - Ruiz, Presti*, Luciano, Törneke*, S. Hayes*, McHugh* (Panel) | B R E A K |
| Virtual - Live | | | | 15. Cultivating an Open and Caring Mind: Integrating CFT and ACT in Clinical Practice - O'Connell*, Brito (Workshop) | ACBS Forensic & Corrections SIG (AA) - Zarling; Children, Adolescents and Families SIG (AB) - Brandão, O'Dell; General Networking (AC) - Gossack, Chen |

**=Disponible en Español

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| | | | | | |
|--|--|--|--|--|--|
| PPT/Audio recorded for post event, on demand viewing | | | | 5. Flexibility Across Dimensions (FAD): A Form of Process-Based Functional Analysis - Lasprugato* (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 6. Craving life: Utilizing ACT and compassion-based skills to overcome cravings and addictive behaviors - Karekla* (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 8. Connecting with meaning while living with moral pain: A workshop on ACT for Moral Injury (ACT-MI) - Borges, Farnsworth, Drescher, Barnes, Walser* (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 9. Basic & applied research examining psychological flexibility: Process-based, transdiagnostic & prosocial approaches - Katte, Spencer, Lear, Keller-Collins, Tittler, Olaz*, Levin (Symposium) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 10. Getting ACT Out of the Office and Into Life: Novel Applications of ACT and CBS - Salvatore, Costello Whooley, Stoddard*, Pilecki, Kjelgaard*, McAfee (Panel) | |

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Thursday, June 16 (Afternoon)

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|--|-------------|-------------|-------------|-------------|-------------|
| | 1:15 - 2:45 | 2:45 - 3:00 | 3:00 - 4:15 | 4:15 - 4:30 | 4:30 - 5:30 |
| | SESSIONS | | SESSIONS | | Plenary |

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| Virtual - Livestreamed from SF | 16. Level Up in ACT: Choose Your Own Fidelity Training** - Lasprugato*, Boone*, Kjelgaard* (Workshop) | | B R E A K | 42. Healing Social Identity-Based Suffering Through Mindfulness** - Magee (<i>Int. Walser*</i>) (Plenary) |
| Virtual - Live | 29. Women's Leadership in Action: Empowering Women, Using a Contextual Behavioral Framework - Manchanda, Cañón, M. Miller, R. Miller, Mullen, Sangha, Sorensen, Underwood (Panel) | 41. Anxiety and depression in times of social isolation: The influence of psychological flexibility across the life span - Vagos, Coyle, Silva, Underwood, Ferreira (Symposium) | | |

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| PPT/Audio recorded for post event, on demand viewing | 19. When is it Willingness? Assent in the Therapeutic Relationship - Parry, Amey (Workshop) | 32. Supercharging Supervision through Experiential Learning: the SHAPE framework in action - E. Morris, Nicholson (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | 20. Empowering the flexibility of your clinical interventions using the ACT Matrix - Olaz*, Yates (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | 22. Processes of Change and Mind-Body Relations - S. Hayes*, Porges, Walser*, Luoma* (Panel) | 34. More Than a Feeling: Contextual Approaches to Understanding and Intervening on Appetitive Control - Friman, LeJeune*, Sandoz*, Wilson*, Gould (Panel) | |
| PPT/Audio recorded for post event, on demand viewing | 23. Gender Bias and Relational Frame Theory: What's the relation? - Farrell (Invited) | 35. Psychedelics and Psychological Flexibility: ACBS as a Home for Psychedelic-Assisted Therapies - Pilecki (Invited) | |
| PPT/Audio recorded for post event, on demand viewing | 24. Testing the Efficacy of Magpies; An Integration of ACT and RFT skills based interventions for children - Cassidy*, Kirsten, McHugh*, Coyne* (Symposium) | 36. Putting the task force report into action - Karekla*, Merwin*, S. Hayes*, McHugh*, Fung (Panel) | |

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Friday, June 17 (Morning)

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| | 8:00 - 9:00 | 9:00 - 10:15 | 10:15 - 10:30 | 10:30 - 12:00 | 12:00 - 1:15 |
| | VIRTUAL - LIVE NETWORKING | PLENARY | | SESSIONS | VIRTUAL - LIVE NETWORKING |

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| Virtual - Livestreamed from SF | | 43. Finding Ourselves in One Another** - M. Morris* (<i>Int. Coyne*</i>) (Plenary) | B R E A K | 44. The ACT Therapeutic Relationship: Creating Healthy Alliances and Repairing Ruptures** - O'Connell*, Walsler* (Workshop) | B R E A K | |
| Virtual - Live | Sport, Health, and Human Performance SIG (AD) - Leeming, Udelf; Veterans Affairs (VA) ACT SIG (AE) - Zink | | | 57. Telehealth and Digital ACT Interventions: Advances and Innovations for Transdiagnostic Behavioral Health Concerns - O. Moran, Lavelle, Edwards, McHugh* (Symposium) | | Colombia Chapter** (AF) - Muñoz-Martínez, Silva; Social Work SIG (AG) Montgomery, Stuckwisch; General Networking (AH) Gossack, Chen |

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| PPT/Audio recorded for post event, on demand viewing | | | | 47. No-one is to blame: combining ACT and moral philosophy to enable forgiveness and compassion - Bennett*, Johnson (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | | | | 48. Bringing Compassion to the Critic: Working with Self-critical Behavior from an ACT Perspective - Costello Whooley, Yates (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | | | | 50. "But I don't work with substance use..." What your colleagues who do work in the field wish you knew. - Kraus, Robb*, Bhambhani, Karekla*, Bishop, Haug (Panel) | | |
| PPT/Audio recorded for post event, on demand viewing | | | | 51. Using Contextual Behavioral Science to Explore Complex Cultural Identities - Ethington (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | | | | 52. Analyzing functionally the personal history - Ruiz, Luciano, Belisle, Tórneke* (Panel) | | |

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Friday, June 17 (Afternoon)

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|--|-------------|-------------|-------------|-------------|-------------|
| | 1:15 - 2:45 | 2:45 - 3:00 | 3:00 - 4:15 | 4:15 - 4:30 | 4:30 - 5:30 |
| | SESSIONS | | SESSIONS | | Plenary |

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| Virtual - Livestreamed from SF | 58. From Experience to Identity: Conceptualizing Gender from a CBS Lens** - Vaidya, Mizael, Farrell, Lieberman (Panel) | B R E A K | 72. Epiphany or Practice: Exploring the Processes and Pace of Change in Psychedelic-Assisted Psychotherapy - Pilecki, S. Hayes*, Whitfield*, Tirsch (Panel) | B R E A K | 84. Radical Ethology: a Sideways Glance at Primate Lives** - Barrett (Int. Robinson*) (Plenary) |
| Virtual - Live | 71. Filling the gap in a post-pandemic world: How coaching can help people increase wellbeing and performance - O'Neil-Hart, Boone*, West, de Aguiar-Rocha, Veerkamp, Collis (Panel) | | 83. Using the ACT Kidflex with Children 5-12 Years to Increase Psychological Flexibility** - Black (Workshop) | | |

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| PPT/Audio recorded for post event, on demand viewing | 61. Life NOW: A FACT Telehealth Intervention for Stressed Healthcare Workers - Robinson* (Workshop) | B R E A K | 73. Contextual Relating, Responding & Reinforcing: Adopting a process-based approach to Functional Analysis in ACT. - Lucas* (Workshop) | B R E A K | |
| PPT/Audio recorded for post event, on demand viewing | 62. RFT Made Simple - Bennett*, Oliver* (Workshop) | | 74. Acceptance and Commitment Therapy for Addressing Health Disparities - Bricker, Santiago-Torres, Luoma*, Karris, Fung (Symposium) | | |
| PPT/Audio recorded for post event, on demand viewing | 64. Rapport-building and ACT interventions for the lonely, disgruntled, (and possibly angry) male client. - Lemay, D. Carr, Fung (Workshop) | | 76. Processes of Change in Novel ACT-Based Eating Disorder Interventions - Merwin*, Moskovich, Onnink, Kakoulakis, Polyviou (Symposium) | | |
| PPT/Audio recorded for post event, on demand viewing | 65. Pointing towards CRAFT: How to connect families struggling with addiction with CBS-aligned, evidence based practice - Kraus (Invited) | | 77. Derived Relational Responding Meets Diversity, Equity, and Inclusion: Contributions from the field - Mizael (Invited) | | |
| PPT/Audio recorded for post event, on demand viewing | 66. Implementing Process-Based Therapy in Clinical Practice, Supervision, and Research - Maitland, Topper, Williams, Lee, Ong (Panel) | | 78. The Diffusion of Defusion: Disseminating and Promoting Contextual Behavioral Science through Popular Media - M. Miller, Rothfelder, Hill, Sorensen, Payne, Kecmanovic (Panel) | | |

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Saturday, June 18 (Morning)

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| | | | | | |
|--|---------------------------|---------------------|----------------------|----------------------|---------------------------|
| | 8:00 - 9:00 | 9:00 - 10:00 | 10:00 - 10:15 | 10:15 - 11:45 | 11:45 - 1:15 |
| | VIRTUAL - LIVE NETWORKING | PLENARY | | SESSIONS | VIRTUAL - LIVE NETWORKING |

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| Virtual - Livestreamed from SF | | 85. Psychological Flexibility and Prosociality: Applying RFT at the heart of Behavior Analysis** - Ming (<i>Int. Fung</i>) (Plenary) | B R E A K | 86. Open Science and Reproducibility in Contextual Behavioral Science** - Luoma*, Lear, Levin, Ong, Lee (Symposium) | B R E A K |
| Virtual - Live | Argentina Chapter** (AI) - Loureiro; Climate Justice and Action SIG (AJ) Wilks, Walser* | | | 99. Desarrollando conciencia funcional de la propia experiencia en sesión - Teti* (Workshop) | Gender and Sexual Diversity SIG (AK) - Bhmbhani, Tran; ACT for Military SIG (AL) - Santanello, Evans; General Networking (AM) - Gossack, Chen |

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| PPT/Audio recorded for post event, on demand viewing | | | | 89. Interpersonal Behavior Therapy: Using Principles for Interpersonal Change - Callaghan, Follette (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 90. Functional Vulnerability: Navigating Consensual Intimacy Across Differentials of Power and Privilege - Vaidya, Lieberman, M. Miller, May, Sandoz*, Sanders (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 92. Variation with Vignettes: Responding to Clinical Presentations from Different Points on the Hexaflex - Lasprugato*, Bennett*, LeJeune*, M. Morris*, Oliver* (Panel) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 93. ACT for Clients Who Scare Us - O'Neil-Hart, Walser* (Workshop) | |
| PPT/Audio recorded for post event, on demand viewing | | | | 94. Snap Judgements, Assumptions, and Biases: A Scientist-Practitioner RFT Panel - Smith, Stapleton, Belisle, S. Hayes*, Johnston (Panel) | |

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| Saturday, June 18 (Afternoon) | | | | | |
|--|---|-------------|--|-----------------------|--|
| *ALL TIMES ARE IN SAN FRANCISCO'S LOCAL TIME ZONE (PACIFIC DAYLIGHT TIME - PDT)* | | | | | |
| | 1:15 - 2:45 | 2:45 - 3:00 | 3:00 - 4:15 | 4:15 - 4:30 | 4:30 - 5:30 |
| | SESSIONS | | SESSIONS | | Plenary |
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| Virtual - Livestreamed from SF | 100. Finding The Way: Using ACT for Crisis Intervention and Crisis Integration** - Strosahl*, Robinson* (Workshop) | | | B R E A K | 126. Sources of Behavior and Experience: Ontological/Phenomenological Perspectives on Clinical Practice** - Friman (<i>Int. Wilson*</i>) (Plenary) |
| Virtual - Live | 113. ACT for Social Anxiety: An Evidence-Based In-Person and Virtual Group Approach - Fleming, Kocovski (Workshop) | | 125. Report from the ACBS Strategic Pillar for Competency and Dissemination - Manzione*, Zink, Wright, Presti*, Walser* (Panel) | | |
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| PPT/Audio recorded for post event, on demand viewing | 103. The Perfectionistic Therapist: How Aiming for Perfect Holds Us Back and What We Can Do About It - Kemp (Workshop) | | 115. How to be Experiential in Acceptance and Commitment Therapy - Luoma*, Lear, Pilecki (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | 104. The Compassionate-Mind Approach to Working with Hoarding Disorder - DuFrene, Berg, Yoke, Silberstein-Tirsch, Chou (Symposium) | | 116. Exploring the Future of Contextual Behavior Science: Idionomic Assessment and Process Based Intervention - Sanford, S. Hayes*, Law, Ciarrochi*, Ong (Symposium) | | |
| PPT/Audio recorded for post event, on demand viewing | 106. What is the Role of Psychologists and How Can ACT Be Helpful in Cancer Care? - Karekla*, Rhodes, Gregg*, Martin (Panel) | | 118. Answering the Challenge of Trauma with the Contextual Behavioral Science of Compassion and Process Based Approaches - Tirsch, Gilbert, Silberstein-Tirsch, Vogel, DuFrene (Panel) | | |
| PPT/Audio recorded for post event, on demand viewing | 107. The Heart of the Matter: Language and Connection for Sustainability - Fiebig (Invited) | | 119. Recent advances in message framing and rule-governed behavior in accordance with relational frame theory - Stapleton, Carthy, McHugh*, Gamble-Morrissey (Symposium) | | |
| PPT/Audio recorded for post event, on demand viewing | 108. Women's Rights and the Rise of Authoritarianism: How can CBS Help? - Walser*, L. Hayes*, Westrup*, O'Connell*, Lins, Kolts (Panel) | | 120. A contextual behavioral perspective on eating, body image, and weight concerns - Lillis*, Quinn Siegel, Levin, Lee-Baggley*, Pegrum*, Freedman (Panel) | | |

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Sunday, June 19 (Morning)

ALL TIMES ARE IN SAN FRANCISCO'S LOCAL TIME ZONE (PACIFIC DAYLIGHT TIME - PDT)

9:00 - 10:30

10:30 -
10:45

10:45 - 12:15

SESSIONS

SESSIONS

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| | | | |
|-----------------------|---|-----------------------|---|
| Virtual - Live | 139. An Introduction to Polyvagal-informed Acceptance and Commitment Therapy (PIACT)** - Leonard-Curtin*, Murrell* (Workshop) | B R E A K | 151. State of the ACT: Challenges and opportunities in evaluating ACT's status as an empirically supported treatment** - Spencer, Borgogna, Gaudiano, Dindo, Gloster, Levin (Panel) |
| | 140. The Differential Impact of Elements of Acceptance and Mindfulness on Mental and Physical Health - Eddy, Pielech, J. Kaplan, Vasquez, Simmons, McCullough (Symposium) | | 152. ACT for couple and family issues: digging pervasive behavior patterns - Saban Bernauer, Lins (Workshop) |

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| PPT/Audio recorded for post event, on demand viewing | 129. Functional Analytic Psychotherapy (FAP): Grief, Therapist Suffering, and Therapeutic Opportunity - Kohlenberg*, Tsai, Wong, Hardebeck (Workshop) | | 142. Answering the Call for Compassion: CFT with Adolescents in a Pandemic Era - Fraser (Workshop) |
| PPT/Audio recorded for post event, on demand viewing | 130. The Art of Creating Transformational Metaphors in ACT - Kjelgaard* (Workshop) | | 143. Beyond Behavior-Behavior Relations: Ripening the use of the Matrix in a Clinical Context - Pogrebinschi, Valentim*, Khafif (Workshop) |
| PPT/Audio recorded for post event, on demand viewing | 132. Clinicians' Perspectives on Clinical Behavior Analytic Case Conceptualization - May, Warren, Cañón, D. Carr, Sandoz*, Gould (Panel) | | 145. Developing the contextual practitioner: approaching supervision and consultation with competency and care - Nicholson, E. Morris, Walser*, O'Connell*, Ruiz, Westrup* (Panel) |
| PPT/Audio recorded for post event, on demand viewing | 133. Accelerating Psychological Flexibility With Emotion Efficacy Therapy - West (Workshop) | | |
| PPT/Audio recorded for post event, on demand viewing | 134. Values, Vulnerability, and Consensual Non-Monogamy - Funke, Skinta*, Dreis, Levinson, LeJeune* (Panel) | | 146. Learning from Each Other: Advancing the Dialog between Psychotherapists and Behavior Analysts - DuFrene, Garnos, H. Kaplan, Sandoz*, Zube, Lasprugato*, Coreil (Panel) |

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